

What do I have to do?

What is DofE?

A fun time with friends. An opportunity to discover new interests and talents. A recognised mark of achievement, respected by employers. An opportunity to gain essential skills such as resilience, problem-solving and team-work, enhancing your CVs and university and job applications

You can do the award through Guiding, with regular Zoom support sessions and all expedition training provided

Interested?

Email 1stwaddingtonguidesandrangers@gmail.com
by 1st October

Volunteering

- Help people, society, the environment or animals
- e.g. help at Brownies, in a charity shop, go litter picking or knit blankets for premature babies

Physical

- Any sport, dance or fitness activity
- e.g. dancing, running, swimming, karate, yoga

Skill

- A non-physical skill which is separate from school
- e.g. acting, music, learning BSL, sewing, origami, first aid

Expedition

- The most exciting and challenging part of the award!
- Go on an independent walk for 2, 3 or 4 days, camping overnight
- Sign up as a team (5-7 people) or as an individual
- <https://www.youtube.com/watch?v=ciDx5bX2zHg>

BRONZE	
Volunteering 3 months	PLUS a further 3 months in the Volunteering, Physical or Skills section.
Physical 3 months	
Skills 3 months	
Expedition 2 days 1 night	

Year 9 & above
£60

Practise expedition 20th April, Sherwood Forest
Assessed expedition 4th – 5th May, Sudbrooke

SILVER		Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.
Volunteering 6 months	one section for 6 months, the other for 3 months	
Physical		
Skills		
Expedition 3 days 2 nights		

Year 10 & above
£75

Practise expedition 19th – 21st April, Sherwood Forest
Assessed expedition 4th – 6th May, Lincolnshire Wolds

GOLD		Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.
Volunteering 12 months	one section for 12 months, the other for 6 months	
Physical		
Skills		
Expedition 4 days 3 nights		
Residential 5 days 4 nights		

Age 16+
£140 + travel

Practise expedition 19th – 21st April, Sherwood Forest
Qualifying expedition 25th – 29th May, Isle of Wight!
(Residential section is independent & a separate cost)